



Go for Gold Regatta 2025

22 & 23 November 2025

Organising Authority
Black Rock Yacht Club Inc.

SAILING INSTRUCTIONS

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
<The Windsurfing Fleet Racing Rules (Appendix B of the RRS) **do not apply**.>
- 1.2 Racing Rule 61 will be changed as follows: Addition of 61.4, Informing the Race Committee. A boat intending to protest shall inform the Race Committee immediately after finishing at the start line by approaching the Race Committee boat at the Start line and hailing the protested boat's sail number. The only exception is if a boat is fouled and is unable to finish.

Windsurfer LT amendments (1.3 – 1.9)

1.3 Rule 13. - While Tacking

Rule 13 is changed to:

After a board passes head to wind, she shall *keep clear* of other boards until her sail has filled.

During that time Rules 10, 11 and 12 do not apply. If two boards are subject to this rule at the same time, the one on the other's port side or the one astern shall *keep clear*.

1.4 Rule 31. - Touching a Mark

Rule 31 is changed to:

While *racing*, a board shall not touch a starting *mark* before *starting* or a finishing *mark* after *finishing*.

A board may touch a *mark* that begins, bounds or ends the leg of the course on which she is sailing.

1.5 Rule 41. – Outside Help

For Cruiser division competitors only:

Rule 41 is changed to:

While *racing*, boards may receive advice from other boards, coaches or others.

1.6 **Rule 42. - Propulsion (Pumping)**

As per Windsurfer Class rules, Rule 42 is changed to:

“A board shall be propelled only by the action of the wind on the sail, by the action of the water on the hull and by the unassisted actions of the competitor except that when:

(i) Course Racing

and competitors are sailing to windward or on a close-hauled course, pumping (continuous and/or repetitive movement of the rig to induce wind-flow over the sail) is prohibited except for the first 30 seconds after the starting signal”

1.6.1 Any race committee boats stationed on course will observe for infractions of 1.6. Sailors who infringe may be subject to protest by the Race Committee.

1.6.2 Pumping shall be unrestricted for the Slalom.

1.7 **Rule 44. - Penalties at the Time of Incident**

Rule 44 is changed to:

44.1 Taking a Penalty

A board may take a 360°-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while *racing* or may have broken Rule 31. However, if the board caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach, her penalty shall be to retire.

44.2 360°-Turn Penalty

After getting well clear of other boards as soon after the incident as possible, a board takes a 360°-Turn Penalty by promptly making a 360° turn with no requirement for a tack or a gybe. When a board takes the penalty at or near the finishing line, her hull shall be completely on the course side of the line before she *finishes*.

1.8 **Definition - Tack, Starboard or Port**

Definition is changed to:

A board is on the tack, starboard or port, corresponding to the competitor's hand that would be nearer the mast if the competitor were in normal sailing position with both hands on the wishbone and arms not crossed.

A board is on starboard tack when the competitor's right hand would be nearer the mast and is on port tack when the competitor's left hand would be nearer the mast.

1.9 **Definition – Capsized**

The following definition is added:

A board is capsized when she is not under control because her sail or the competitor is in the water.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted at least one hour before it will take effect, except that any change to the schedule of races will be posted by 2000hrs on the day before it will take effect.

3 COMMUNICATION WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located in the Regatta Office within the Training Rooms of the Black Rock Yacht Club accessed from the rear balcony of the club.

4 CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the signal mast, located on the rear deck of the clubhouse outside the Regatta Office.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' Race Signals AP.

6 SCHEDULE OF RACES

- 6.1 Schedule

Date	Event	Time
Sat. 22 nd November 2025	Registration	09:00 – 10:30 hrs
	Volunteers -Briefing Session	10:30 hrs
	Sailors – Briefing Session	11.00 hrs
	Race 1	12:00 hrs (first warning signal)
	Race 2	Immediately after previous race
	Race 3	Immediately after previous race
Sun.23 rd November 2025	Race 4	11.00 hrs ((first warning signal)
	Race 5	Immediately after previous race
	Race 6	Immediately after previous race
Presentation	In Bar	Approx.16.30 hrs

- 6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is made.
- 6.3 No warning signal will be made after 16:30 hours On the Sunday 23rd November
- 6.4 The OA and/or the Race Committee reserve the right to modify the program due to weather conditions or other causes, provided the change is made according to SI 2. **Up to 4 races can be sailed in one day.**

7 DIVISION FLAGS

Classes are placed in divisions. Divisions may be started in any order and may be started together, at the discretion of the Race Committee. Additional Divisions or changes to divisions may be posted at least one hour before the first race each day.

Division	Classes	Flags
Division 1	I14	 Naval Numeral 1
Division 2	Sabre	 Naval Numeral 2
Division 3	125	 Naval Numeral 3
Division 4	OK & Finn	 Naval Numeral 4
Division 5	Aero 5 &6 & 7 & 9	 Naval Numeral 5
Division 6	RS100	 Naval Numeral 6
Division 7	RS 200 RS 400 Taser	 Naval Numeral 7
Division 8	Windsurfers LT	 Naval Numeral 8
Division 9		 Naval Numeral 9

8 RACING AREAS

The racing area will be the waters of Port Phillip in the vicinity of Black Rock Yacht Club.

9 THE COURSES

9.1 The diagrams in Attachment "A" show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2 No later than the warning signal, the Race Committee signal vessel may display the approximate compass bearing of the first leg and **a green or red flag displaying the order that marks are to be passed.**

9.3 If the race committee signals a shorten of course,

(a) at rounding marks 1, 2, or 3, the finishing line shall in accordance with RRS 32.2(a)

(b) at rounding mark 4S/4P, pass through the gate mark and proceed immediately to the finish line (this changes RRS 32.2).

10 MARKS

10.1 Marks are described in Attachment A

10.2 The starting marks will be a race committee boat at the starboard end and a staff displaying an orange flag at the port end.

10.3 The finishing mark will be a yellow hard plastic body with BRYC printed on it in the vicinity of the BRYC Tower approx. 150m west of the tower.

11 AREAS THAT ARE OBSTRUCTIONS

The following area is designated as an obstruction: directly between the historic wreck (Cerberus) and the yacht club jetty is a reef that should be avoided.

12 THE START

12.1 Races will be started using RRS 26 modified with the warning signal made 3 minutes before the starting signal.

12.2 The starting line will be between a staff displaying an orange flag on the starting mark at the starboard end and a staff displaying an orange flag at the port end.

12.3 [NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12.4 A boat that does not start within four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13 CHANGE OF THE NEXT LEG OF THE COURSE

Courses will not be changed during racing.

14. THE FINISH

14.1 The finishing line is between a staff displaying a blue flag on the BRYC Tower and the course side of the BRYC finishing mark (see SI 10.3). This finishing line should be crossed in the direction of coming directly from the leeward mark (4S/4P).

14.2 [NP] Boats who have finished, retired or been disqualified from their current race shall avoid the finishing area during the finish sequence for other competitors.

15 PENALTY SYSTEM

15.1 For all divisions RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

15.2 [NP] For all divisions: Failure to sign-on before going on water shall result in that boat being penalised four (4) points for the first race of the session (but not worse than DNF). Failure to sign-off after coming ashore shall result in that boat being penalised four (4) points for the last race of the session (but not worse than DNF). Penalties will be applied without a hearing. This changes RRS 63.1

16 TIME LIMITS AND TARGET TIMES

- 16.1 The time limit for all classes is 70 minutes. The target time for all classes is 30-35 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 16.2 Boats failing to finish within 15 minutes after the first boat, in their class, sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

17 HEARING REQUESTS

- 17.1 For each division, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 17.2 Hearing request forms are available from the race office
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the Training Rooms, beginning at the time posted.
- 17.4 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

18 SCORING

- 18.1 One race is required to be completed to constitute a series.
- 18.2 For all classes, when fewer than four races have been completed, a boat's series score will be the total of her race scores. When four races have been completed a boat's series score will be the total of her race scores excluding her worst score.

19 SAFETY REGULATIONS

- 19.1 [NP] Boats are required to Sign-On and Sign-Off ashore. Using the Sailor App, select regatta at the bottom of the screen, search for the Go for Gold Regatta Nov 2025, the helmsperson shall select their boat and select "Sign-On" button no later than ten (10) minutes before the advertised start time of the applicable race, Sign-Off; Prior to the expiry of the protest time limit in any given race, the helmsperson of each and every competing boat shall use the Sailor App, select their boat and select the Sign-Off button. Or use the Sign-On and Sign-Off form will be located in the Regatta Office. Failure to sign-on or sign-off will result in that boat being penalised as provided in SI 15.2
- 19.2 [NP]A boat that retires from a race shall notify the Race Committee as soon as possible and sign the Retirement Declaration in the Regatta Office.

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 [DP] [NP]Substitution of competitors is not allowed without prior written approval of the race committee..
- 20.2 [DP] [NP]Substitution of damaged or lost equipment is not allowed unless authorized in writing by the race committee. Requests for substitution shall be made to the race committee in writing at the first reasonable opportunity, which may be after the race.

21 EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 21.2 [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

22 OFFICIAL VESSELS

Official vessels may display the burgee of the Black Rock Yacht Club.

23 [DP] [NP] SUPPORT TEAMS

Nominated coaches will be permitted in the race area during the conduct of the regatta and will act as rescue boats on the direction of the Race Officer. As such, support teams are expected to monitor the race management channel during racing.

24 [NP] TRASH DISPOSAL

Trash may be placed aboard official vessels.

25 PRIZES

Prizes will be awarded to each class in the Regatta provided there are at least five entrants in the respective class. Other prizes may be awarded at the discretion of the Organising Authority.

26 RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

27 INSURANCE

Each participating boat shall be insured with valid third-part insurance with a minimum cover of AUD \$5,000,000 (recommended AUD \$10,000,000) per incident or the equivalent. All owners/competitors who sign an Entry Form, or entered online, are deemed to have made a declaration that they hold such cover.

ATTACHMENT A

Mark 1 – inflatable pink buoy.
 Mark 2 – inflatable orange buoy.
 Mark 3, 4S, 4P – inflatable yellow buoy.
 Marks 1, 2, 3 shall be rounded to port.
 Marks shall be rounded in the following order:

- I14 Course: Start-1-4S/4P-1-4S/4P-Finish
- OK Course: Start-2-3-4S/4P-2-4S/4P-Finish
- Finn Course: Start-2-3-4S/4P-2-4S/4P-Finish
- RS400 Course: Start-2-3-4S/4P-2-4S/4P-Finish
- B14 Course: Start-2-3-4S/4P-2-4S/4P-Finish
- RS100 Course: Start-2-3-4S/4P-2-4S/4P-Finish
- Aero Course: Start-2-3-4S/4P-2-4S/4P-Finish
- Sabre Course: Start-2-3-4S/4P-2-4S/4P-Finish
- 125 Course: Start-2-3-4S/4P-2-4S/4P-Finish
- Sharpie Course: Start-1-4S/4P-1-4S/4P-Finish
- Windsurfer LT Course: Start-2-3-4S/4P-2-4S/4P-Finish

Other classes - division and course will be nominated on the official notice board at least 1 hour before race 1.

Note that Course Diagram is not necessarily to scale and angles may vary.

