



GEORGES RIVER SAILING CLUB



NSW & ACT
Laser Association

ALCA

Sailing Instructions

Incorporating Notice #2

2023 ILCA Oceania & Australian Open & Youth Championships

1 - 8 January 2023

Incorporating

2023 Open & Youth ILCA 7 Championship

2023 Open & Youth ILCA 6 Championship

2023 Open & Youth ILCA 4 Championship

Georges River, NSW, Australia



Organising Authority: Georges River Sailing Club in conjunction with the NSW & ACT Laser Association.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing.
- 1.2. Australian Sailing Special Regulations, Part 2, for Off the Beach boats shall apply.
- 1.3. RRS Appendix T, Arbitration, applies for this regatta.
- 1.4. Appendix P will apply as changed by SI 24.
- 1.5. Electronic Equipment:
 - 1.5.1. The ILCA class rules specifically ban the use of any electronic equipment other than a compass and timing device. This ban includes all timing devices or electronic compasses which can transmit, receive, calculate or store information on wind speed, wind direction, boat speed or boat positioning.
 - 1.5.2. In accordance with ILCA By-Law 1 Part 3 para 22 Compass, Electronic Equipment and Timing Devices, heart rate monitors with functionality restricted to logging only are allowed.
 - 1.5.3. During Measurement, competitors are required to declare that:
 - 1.5.3.1. Any heart rate monitors which they may use are restricted to logging only and
 - 1.5.3.2. Their timing devices do not have any functionality beyond normal timing functions
- 1.6 (SP) Denotes a rule for which the race committee or technical committee may apply a standard penalty without a hearing or a discretionary penalty may be applied by the jury with a hearing. This changes RRS 60.1 and A5
- 1.7 (NP) Denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a)
- 1.8 An International Jury has been appointed and the approval notice is posted on the Notice Board. Decisions of the International Jury will be final as provided in RRS 70.5.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official Regatta Notice Board which is the Australian Lasers App.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 90 minutes before the scheduled time for the first race on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the Georges River Sailing Club flag mast located at the western end of the club house adjacent to the rigging park.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with "not less than 30 minutes" in RRS Race Signals AP.

5. SCHEDULE OF RACES

5.1. Dates of racing:

Sunday 1 January	Registration & Measurement	0900 – 1800
Monday 2 January	Registration & Measurement	0800 – 1130
	Competitor Meeting	1130
	Registration & Measurement	1300 – 1700
	Practice Race	1430 See 5.2
	Welcome Function	1800
Tuesday 3 January	Racing – 2 races	1430 See 5.2
Wednesday 4 January	Racing – 2 races	1430 See 5.2
Thursday 5 January	Racing – 2 races	1430 See 5.2
Friday 6 January	Racing – 2 races	1430 See 5.2
Saturday 7 January	Racing – 2 races	1430 See 5.2
Sunday 8 January	Racing – 2 races	1300 See 5.2
	Presentation Ceremony	1900hrs

- 5.2. ~~At the discretion of the organising authority the ILCA 4 Fleet may have a first warning signal not before 1130 hours on each race day.~~
- 5.3. To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with a long sound signal at least five minutes before a warning signal is made.
- 5.4. The schedule may be changed to allow for more than 2 races a day, when behind schedule. However no more than 3 races per day will be sailed.
- 5.5. No warning signal will be made after 1530 on Sunday 8 January.

6. COMPETITION FORMAT

- 6.1. The ILCA 7 entries will sail as a single fleet.
- 6.2. The ILCA 4 entries will sail as a single fleet.
- 6.3. The ILCA 6 entries will be divided into two fleets and will sail a qualifying and final series in accordance with the Qualifying and Final series format in Attachment B to these sailing instructions.
- 6.4. While racing each ILCA 6 shall display a coloured band corresponding to the fleet to which she has been assigned. The band shall be placed on the bottom mast between the boom vang fitting and the boom. A coloured band of each colour will be supplied to each sailor at registration.

7. CLASS FLAGS

- 7.1. The class flag for the ILCA 7 will be a white flag with an ILCA emblem.
- 7.2. The class flag for the ILCA 6 will be a green flag with an ILCA emblem.
- 7.3. The class flag for the ILCA 4 will be a yellow flag with an ILCA emblem.

7.4. Where a class is sailing a qualifying and final series the class flags will be the class flag over the corresponding coloured flag.

8. RACING AREA

8.1. The racing area will be on Botany Bay in the vicinity of Dolls Point.

9. COURSES

9.1. The diagram in Attachment A shows the courses to be sailed.

9.2. Legs of the course will not be changed after the preparatory signal. This changes rule 33.

9.3. Courses will be designated on a board on the race committee vessel located on the starboard end of the start line and displayed no later than the warning signal.

9.4. (NP) No later than the warning signal, the race committee vessel may display the approximate compass bearing of the first leg.

9.5. (NP) The length of the course will be set for a target time of 50 minutes.

10. MARKS

10.1 a) **ILCA 6 & 7** - Mark 1 will be a yellow inflatable cylinder.

b) **ILCA 4** – Mark 1 will be a green and orange inflatable cylinder.

10.2 Mark 1A will be a lime green inflatable buoy.

10.3 a) **ILCA 6 & 7** - Mark 2 will be a pink inflatable cylinder.

b) **ILCA 4** - Mark 2 will be a green and orange inflatable cylinder.

10.4 Marks 3S and 3P will be pink inflatable cylinders.

10.5 Marks 4S and 4P will be yellow inflatable cylinders.

10.6 Mark 5 will be a pink inflatable cylinder.

10.7 The Start Marks will be race committee vessels displaying an orange flag.

10.8 The Finish Mark will be a large orange cherry buoy.

11. THE START

11.1. The starting line will be between the staffs displaying orange flags on the start marks.

11.2. (DP) Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11.3. (NP) A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

12. THE FINISH

The finishing line will be between a staff displaying a blue flag on the race committee vessel at the starboard end and the course side of the port-end finishing mark.

13. TIME LIMITS

13.1. The time limit for the first boat to complete the course is 90 minutes.

13.2. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored “Did Not Finish”. This changes rules 35, A4 and A5.

14. HEARING REQUESTS

14.1. The protest time limit will be set and posted by the Jury, the times may be different for each fleet.

14.2. Hearing request forms are available from the Race Office.

14.3. Notices will be posted no later than 30 minutes of the protest time limit for each fleet. Hearings will be held at the jury office on the first floor of the clubhouse at the time posted.

14.4. A list of boats that have been penalized for breaking RRS 42 under appendix P will be posted after racing each day.

14.5. On the last day of the qualifying series a request for a reopening of a hearing under RRS 66 shall be delivered:

- within the protest time limit if the party requesting reopening was informed of the decision on the previous day.
- no later than 30 minutes after the party requesting reopening was informed of the decision on that day.
- If no racing has taken place on that day, no later than 30 minutes after ‘AP over A’ is displayed ashore.

14.6. Penalties for any breach of class rules are at the discretion of the International Jury and may be less than disqualification.

15. SCORING

15.1. Six races are required to be completed to constitute a championship.

15.2. When fewer than six races have been completed, a boat’s series score will be the total of all her race scores.

15.3. When six to nine races have been completed, a boat’s series score will be the total of all her race scores excluding her worst score.

15.4. When ten or more races have been completed, a boat’s series score will be the total of all her race scores excluding her two worst scores.

15.5. When a qualifying and final series is sailed:

- The qualifying series races and final series races will count for the total points in the regatta.
- A qualifying series race will not count until all qualifying fleets have completed that race.
- The worst qualifying series race score will be excluded when calculating the division into final series fleets.
- If only one finals series race is completed it will not be excluded.
- If two or more final series races have been completed, then a maximum of one finals series race score may be excluded.

- For the purposes of RRS A5.2 “Scoring” the number of boats entered in a qualifying/final series race will be the number of boats assigned to the largest qualifying fleet.
- 15.6. All division prizes will be awarded based on the ranking of competitors in the overall results of the applicable Class.

16. SAFETY REGULATIONS

- 16.1. (SP) Sign on and sign off: All competitors shall “sign on” before leaving the shore and “sign off” as soon as practicable after returning to shore at the completion of the days racing.

The sign off period for each class will close at the protest time limit.

Sign on and off will be via the Australian Laser App. Sailors can install the free Laser App at the links or QR codes below.

[iOS Apple App Store](#)

[Android Google Play Store](#)



A tablet access to sign on and off will be available at the Race Office.

- 16.2 (SP) Failure to sign on, sign off in accordance with SI 16.1 will result in that boat receiving a 5 point penalty. However, no boat shall be scored worse than DSQ. For boats failing to sign on, this penalty will be applied to the first race of the day. For boats failing to sign off, or on the last day this penalty will be applied to the last race of the day. A boat will not receive cumulative penalties. This changes RRS rules A4 and A5.

17. (DP) REPLACEMENT OF CREW OR EQUIPMENT

- 17.1. All competitors shall use only one hull, one sail, one mast and boom, one centreboard and one rudder.
- 17.2. Substitution of lost or damaged equipment will not be allowed unless authorised by the race committee or technical committee. Requests for substitution shall be made at the first reasonable opportunity.

18. OFFICIAL BOATS

Race committee boats will display a GRSC burgee.

Jury boats will display Flag J.

19. SUPPORT BOATS

19.1 Team leaders, coaches, and other support personnel (“support boats”) shall not be in the racing area, except when requested to under 19.2. This area is defined as within 100 metres of a competitor or a mark of the course. This will apply from the time of the preparatory signal for the first fleet to start until all boats have finished racing for the day, or the race committee signals a postponement or abandonment for all boats. Support boats shall not move from below mark 5 to the start finish area when any competitor of any fleet is racing between mark 5 and the finish.

19.2 At all times, the registered driver(s) of a support boat shall comply with any directions given by a race official. This includes assisting in rescue operations when requested to do so.

19.3 The penalty for failing to comply with 19.1 or 19.2 may be disqualification of all boats associated with the support boat who infringes.

20. RADIO COMMUNICATIONS

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

21. PRIZES

Cubes will be awarded in accordance with the ILCA By-Laws. Other prizes may also be awarded at the discretion of the organisers.

22. RISK STATEMENT

RRS 3 states “The responsibility for a boat’s decision to participate in a race or to continue in a race is hers alone”. By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

Inherent in the sport of sailing is the risk of permanent, catastrophic injury by drowning, trauma, hypothermia, or other causes.

Competitors participate in this event entirely at their own risk. The organising authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the event.

23. **INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10,000,000 per event or the equivalent. Competitors may be required to produce evidence of such insurance and any competitor not holding this cover shall withdraw their entry.

24 a. Appendix P will apply with the following changes:

- i. If a first penalty is signalled after a boat has crossed the finish line, the penalty will be a 10% Scoring Penalty calculated as stated in RRS 44.3(c).
- ii. RRS P3 is replaced with “If a boat has been penalised for the first time under RRS P1.2 and the race is restarted or resailed the penalty is cancelled, but it is counted to determine the number of times she has been penalised during the event.
- iii. RRS P4 is replaced with “An action by the jury under RRS P1.2 shall not be grounds for a request for redress by a boat under RRS 60.1(b). The jury may initiate a redress hearing and may give redress for an action under RRS P1.2 by a member of the jury or its designated observer”.

b. A boat that has either retired from or been disqualified in a race for a second or subsequent breach of RRS 42 shall not compete in that race if it is restarted or resailed. This changes RRS 36. For the purposes of this instruction a race is ‘restarted or resailed’ when it has the same race number as a previously abandoned or recalled race. If she competes in that race, she shall be disqualified without a hearing and that score shall not be excluded (DNE) and the jury will consider calling a hearing under RRS 69.1(a).

Yellow Flag	Immediate penalty taken by boat	General Recall, postponement or abandonment	No action by boat	General Recall, postponement or abandonment
1 st flag	Two turns / 10% (SI 18.1.1)	Can restart	DSQ	Can restart
2 nd flag	Retire (RET)	Shall not restart	DNE	Shall not restart
3 rd + flags	Retire (DNE)	Shall not restart	DNE event	Shall not restart

Attachment A - Courses

The diagram shows the courses, the order in which marks are to be passed and the side on which each mark is to be left. The leg between marks 3S/3P and mark 5 may be laid shorter than the leg between mark 1 and mark 2 so that the finish line is not directly to leeward of the start line.

Courses ILCA 7 & ILCA 6

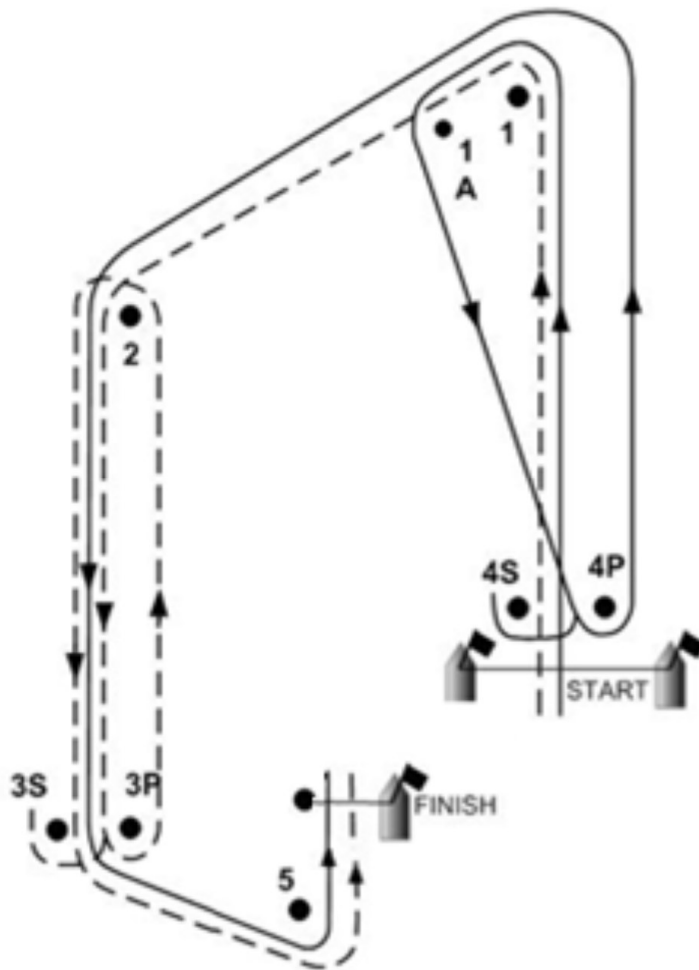
Outer – Designated “O”:1, 2, 3S/3P (gate), 2, 3S/3P (gate), 5, FINISH

Inner – Designated “I”:1, 1A, 4S/4P (gate), 1, 2, 3S/3P (gate), 5, FINISH

Courses ILCA 4

Outer– Designated “O”:1, 2, 3S/3P (gate), 2, 3S/3P (gate), 5, FINISH

Inner– Designated “I”:1, 4S/4P (gate), 1, 2, 3S/3P (gate), 5, FINISH



Attachment B - Qualifying and Final Series Formats

1. Practice Race

- 1.1 For the practice race, boats will be assigned to two fleets of, as near as possible, equal size.
- 1.2 Assignments will be random as determined by Sailwave scoring system and will be posted by 2000 on 1 January 2023.

2. Qualifying Series

- 2.1 For the qualifying series boats will be assigned to two fleets of, as near as possible, equal size.
- 2.2 Initial assignments will be random as determined by Sailwave scoring system. These will be posted by 2000 on 2 January 2023.
- 2.3 In the qualifying series boats will be reassigned to two fleets after each day of racing, except if on the first day only one race is completed. If both fleets have completed the same number of races, boats will be reassigned based on their ranks in the series. If both fleets have not completed the same number of races the series scores for reassignment will be calculated for those races, numbered in order of completion, completed by both fleets.
- 2.4 Reassignments will be made as follows:

	Two fleet format
Rank in Series	Fleet Assignment
1st	1
2nd	2
3rd	2
4th	1
5th	1
6th	2
7th	2
8th	1
9th	1
And so on	

- 2.5 Reassignments will be based on the ranking available at 2100 that day regardless of protests or requests for redress not yet decided.
- 2.6 If both fleets have not completed the same number of races by the end of a day, the fleet with fewer races will continue racing the following day until both fleets have completed the same number of races. All boats will thereafter race in the new fleets.

- 2.7 If at the end of the qualifying series a qualifying series fleet has more race scores than the other, any extra races will be abandoned so that all boats in the qualifying series have the same number of race scores.

3. Final Series

- 3.1 Boats will be assigned to final series fleets based on their ranks in the qualifying series.
- 3.2 There will be two fleets in the final series.
- 3.3 The final series fleets will be, as nearly as possible, of equal size but so that the Silver Fleet is not larger than the Gold Fleet.
Boats with the best qualifying series ranks will race all final series races in the Gold Fleet; boats with the next best qualifying series ranks will race in the Silver Fleet.
- 3.4 Any recalculation of qualifying series ranking after boats have been assigned to final series fleets will not affect the assignments except that a redress decision may promote a boat to a higher fleet.
- 3.5 Different final series fleets need not have completed the same number of final races. The boats in the Gold Fleet will be ranked highest, except for a boat disqualified from a final series race under rules 6 or 69.