# 125 National Titles 2023/2024

# Black Rock Yacht Club 28<sup>th</sup> December 2023 to 4<sup>th</sup> January 2024

# **SUPPLEMENTARY SAILING INSTRUCTIONS (Supplement) v1.0**

As per the Notice of Race, clause 2.2 :The sailing instructions will consist of the instructions in RRS Appendix S, Standard Sailing Instructions, and supplementary sailing instructions that will be on the Sailor App.

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

The notation '[SP]' in a rule of the Supplementary Sailing Instructions (SSIs) means that the Race Committee can apply a standard penalty for breaking that rule. This changes RRS 60.1(a).

#### 1. COMMUNICATIONS WITH COMPETITORS

- 1.1. The Race Office will be in the Regatta Office building to the east of the decking of the main BRYC clubhouse. Contact can also be made via officials located in the BRYC Race Tower or the Race Officer.
- 1.2. Signals made ashore will be displayed at the main flagstaff of BRYC, located on the back balcony of the club grounds.
- 1.3. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP. This changes race signal AP.
- 1.4. [SP] When Flag AP over H displayed ashore means 'Boats shall not leave the beach. Wait for further instructions.' This adds to Race Signals.

### 2. SCHEDULE OF RACES

2.1. 125 National Titles - the objective is to run 10 championship races.

DATE	RACE	TIME
Thu 28th December	Registration	09:00 to 16:00
Fri 29th December	Registration	09:00 to 12:00
Fri 29th December	Briefing	12:00 in BRYC main club room
Fri 29th December	2 Invitation Races	First Warning Signal at 13:55
Sat 30th December	Morning Racing Session	First Warning Signal at 09:55
Sat 30th December	Afternoon Racing Session	First Warning Signal at 13:55
Sun 31st December	Morning Racing Session	First Warning Signal at 09:55
Sun 31st December	Afternoon Racing Session	First Warning Signal at 13:55
Mon 1st January	Lay day/ Possible Resail	Possible race day if behind schedule
Tue 2nd January	Morning Racing Session	First Warning Signal at 09:55
Tue 2nd January	Afternoon Racing Session	First Warning Signal at 13:55
Wed 3rd January	Morning Racing Session	First Warning Signal at 09:55
Wed 3rd January	Afternoon Racing Session	First Warning Signal at 13:55
Thu 4th January	Morning Racing Session	First Warning Signal at 09:55

2.2. One or two races may be sailed per session. The number of races in each sailing session will be communicated to the competitors according to Sailing Instruction 3.1.

- 2.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 2.4. On the last scheduled day of racing on 4th January no warning signal will be made after 13:00.
- 2.5. The lay day will only be used for sailing if weather forecasts indicate that there is a possibility of not getting a series in. If sailing is required, then this will be communicated to the competitors according to SI 3.1.

### 3. MARKS

- 3.1. The windward mark (1), wing mark (2) and leeward mark (3) are yellow inflatable conical buoys. All are to be left to port.
- 3.2. The clearance mark (1A) is a small yellow cylindrical mark. Following a change of course, mark 1A will be removed from the course and boats will sail from mark 1 to the next mark of the course.
- 3.3. The starting pin mark will be a staff mark flying an orange flag.
- 3.4. The finishing mark will be a black and white checkered cylindrical buoy.
- 3.5. A change of course mark (as provided for in SI 10.1) will be a yellow inflatable conical mark with a black band.

#### 4. TIME LIMITS [AND TARGET TIMES]

4.1. The Mark 1 Time Limit, Race Time Limit, and the Finishing Window (see SI 12) are shown in the table below.

	Mark 1 Time Limit	Race Time Limit	Finishing Window	Target Time
Sailing session has 1 race scheduled	30 minutes	120 minutes	30 minutes	90 minutes
Sailing session has 2 races scheduled	20 minutes	90 minutes	20 minutes	60 minutes

4.2. A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

#### 5. CLASS FLAGS

- 5.1. The 125 class flag with a red background will be used for the 125 Open Division.
- 5.2. The 125 class flag with a blue background will be used for the 125 Jib and Main Division.

#### 6. SCORING

- 6.1. RRS Appendix A5.3 shall be used for the scoring system for the 125 National Titles.
- 6.2. 10 races are planned for the regatta.
- 6.3. Four (4) races are required to be completed to constitute a series.
- 6.4. When 5 or more races have been completed, a boat's regatta score will be the total of her race scores excluding her two worst scores.

#### 7. SAFETY REGULATIONS

#### 7.1. [SP] Sign–On: Sign-Off:

For each race or race session each boat intending to race shall personally '**sign-on'** using the Sailor app prior to leaving the shore and shall "**sign-off**" upon returning to shore, but no later than the end of protest time for that day. Failure to comply with this sailing instruction will result in a boat being penalised for one or more races of that day. Penalty can be applied without a hearing. If your sign-on/off device is not working, you may also sign-on/off with the designated race official.

- 7.2. [SP] **Personal Flotation Devices**: All competitors shall wear, at all times whilst afloat, personal flotation devices which are in good condition and in accordance with the specifications issued or approved by a national authority affiliated to the World Sailing, or a standards organisation, or certification authority, recognised for the purpose by its respective government. Inflatable PFDs shall not be used. **Attention is drawn to Fundamental Rule 1.2**
- 7.3. [SP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Promptly after returning to shore, the boat shall complete a retirement declaration

form, which is available at the Regatta Office.

## 8. REPLACEMENT OF CREW OR EQUIPMENT

- 8.1. [SP] Substitution of competitors is not allowed without prior written approval of the Race Officer. For JAM Division competitors, the skipper may use any of their nominated crew but the Race Office must be notified which of the crew is competing in each race before leaving the shore. This may be done via the Sailor app.
- 8.2. [SP] Substitution of damaged or lost equipment is not allowed unless authorized by the Race Officer. Requests for substitution shall be made to someone in the Race Tower or the Race Officer at the first reasonable opportunity, which may be after the race.
- 8.3. [SP] Change of Sail Number. Application for a change of sail number may only be made on the appropriate form, which can be obtained from the Regatta Office.

#### 9. EQUIPMENT AND MEASUREMENT CHECKS

- 9.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 9.2. [SP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

#### 10. OFFICIAL VESSELS

10.1. Official vessels will be identified as follows: The BRYC burgee will be displayed.

#### 11. SUPPORT TEAMS

11.1. [SP] Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

#### 12. TRASH DISPOSAL

12.1. [SP] Sailors shall not intentionally put trash in the water. Trash may be placed aboard official vessels.

#### 13. RISK STATEMENT

13.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

#### 14. INSURANCE

14.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of AU\$5,000,000 per incident or the equivalent.

#### 15. STANDARD PENALTIES

15.1. The following standard penalties will be applied without a hearing for breaching the following rules

Supplement SI Dule	Depath
Supplement SI Rule	Penalty
1.4 Leaving beach when AP over H flying	5 points in next race finished
7.1 Failure to Sign-on	2 points in first race for that sailing session
7.1 Failure to Sign-off	2 points in last race for that sailing session
7.2 Failure to wear Personal Flotation Device	Disqualification
7.3 Failure to complete a retirement form	2 points

8.1 Failure to notify change of crew	5 points
8.2 Failure to obtain authorisation for substitution of lost or damaged gear	5 points
8.3 Failure to notify change of sail number before leaving the shore	5 points in first race finished for that sailing session
9.2 Failure to proceed to a designated area when directed for an equipment check	5 points in last race finished
11.1 Support teams failing to stay outside sailing area	2 points penalty to each competitor that is being supported by the Support Team.
12.1 Inappropriate trash disposal	2 points

#### 16. COURSES

16.1. The diagram below shows the courses for the 125 National Titles, including the approximate angles between legs, the order in which marks are to be passed.

Open Course: Start - 1 - 1A - 2 - 3 - 1 - 1A - 3 - 1 - 1A - 2 - 3 - Finish JAM Division Course: Start - 1 - 1A - 2 - 3 - 1 - 1A - 3 - Finish

Course numbers will be displayed on the start boat no later than the Preparatory signal.

#### Notes:

Diagrams are not to scale nor necessarily in proportion. Triangle components will be between 60 and 90 degrees at the wing mark. Marks 1, 1A, 2, 3 left to port. Following change of course, mark 1A will be removed from the course.

#### Course 1





